

Occupational First Aid Course

Lifesaving first aid interventions require instruction and practical training. Especially when it relates to potentially fatal illnesses and injuries such as those that involve cardiac arrest, severe bleeding, multiple casualty incidents etc. These situations carry a risk of further injury to the casualty and the first aider and it is imperative that training occurs to be able to know what to do and be prepared for a real-life incident.

This course is delivered in line with the Australian Resuscitation Council guidelines and it applies to those who are responsible for the maintenance of a first aid facility and management of first aid provision in the workplace or community setting. It covers the provision of advanced first aid, oxygen, advanced resuscitation and how to monitor the casualty after treatment and handover the casualty to medical professionals for further care.

Training will ensure the participant can effectively establish and maintain and facilitate the provision of appropriate first aid including first aid resources. Participants will learn about risk assessment to establish first aid requirements, using checklists for stocking and maintaining equipment such as resuscitation and oxygen equipment and first aid kits, following manufacturer's instructions and completing documentation.

Specific licensing requirements relating to this competency, including requirements for refresher training, should be obtained from the relevant state/territory Work Health and Safety Regulatory Authority.

Provider of Training and Assessment

This course is delivered and assessed on behalf of Allens Training Pty Ltd RTO 90909 by First Aid Competency Training



Important information prior to enrolment

Unit Being Delivered

The following unit(s) will be awarded to successful participants in this course. The certificate will be issued by Allens Training Pty Ltd RTO 90909.

- **HLTAID006 Provide advanced first aid**
- **HLTAID007 Provide advanced resuscitation**
- **HLTAID008 Manage first aid services and resources**

To view full unit details please visit www.training.gov.au

Course Delivery

This course will be delivered in the workplace or at a First Aid Competency Training facility.

Course Duration (face to face)

- **Face to Face – 16 hours** (minimum) – full face to face course
- **Blended delivery – 14 hours** (minimum) face to face course – with the addition of 2-hour self-paced learning to be completed prior to attending the face to face course
- **Refresher training – 14 hours** (minimum) – conditions apply for this option, for example, you will need to provide previous current certificates.

Work Placement Arrangements

No work placement will be required as part of this course.

Learners Rights, Responsibilities and Support, including Complaints

Please note that enrolment to this course is made with Allens Training Pty Ltd RTO 90909. Please refer to the student handbook located on the RTO website allenstraining.com.au for all details relating to rights and responsibilities including complaints and appeals.

Course Fees and Payments

- Please refer to our booking calendar for individual course fees.
- **Refund and fee protection policy** – Please refer to the student handbook.
- **Payment Terms** – Payment for individual participants is upfront, group booking payment terms are based on agreement between the client and service provider.

Assessment Requirements

Individuals undertaking this course will be expected to complete both written and practical assessment tasks. These are detailed in the sections following.

Entry Requirements

Participants must have the physical capacity to perform 2 minutes of uninterrupted CPR on the floor.

What happens at the course?

Assessment Activities

Assessments conducted during face-to-face training session(s) include:

Practical scenarios - The assessor must observe the following practical scenario:

- Perform CPR on an infant
- Perform CPR on an adult
- Basic triage for multiple casualty and accident in the workplace
- Administer oxygen to an unconscious casualty

Performance tasks - The assessor must observe the following performance tasks:

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| ○ Administer oxygen to a conscious casualty | ○ Choking with airway obstruction | ○ Seizures and epilepsy including febrile convulsions |
| ○ Maintain resuscitation equipment | ○ Head Injury/ Unconscious breathing casualty | ○ Conduct a Risk Assessment |
| ○ Anaphylaxis (allergic reaction) | ○ Bleeding and shock | ○ Develop a First aid response plan |
| ○ Breathing difficulties asthma | ○ Snake or funnel web spider bite | ○ Conduct a first aid kit content check |
| | ○ Sprains and fractures | |

Documentation - The student must complete the following to the appropriate standard:

- Incident report forms
- Risk management form
- First aid response plan
- Response plan checklist
- First aid kit content checklist

Theory assessment - A written assessment consisting of short answer and multiple-choice questions. Model responses are provided later in this document. The student must complete all assessment questions.